

## Session 5 Worksheet

### The Holy Spirit Calls us to Prayer and Holiness

The Holy Spirit builds up, guides, maintains, and animates the actions of the Church.

The Holy Spirit is what allows us to make a profession of Faith that Jesus is Lord

The Holy Spirit is the "Master of Prayer," and prays on our behalf when can't find the words to pray.

Prayer is the encounter of God's thirst for us and our thirst for God.

Prayer is our relationship with God.

Answer the following after viewing the Holy Spirit Videos:

There are many voices (family, friends, teachers, media sources), but only one God in three persons- \_\_\_\_\_

The Sacrament of Confirmation will initiate you fully with the Holy Spirit. The Holy Spirit is necessary for prayer. Without the Holy Spirit, we cannot even confess Jesus is Lord!

- Read Acts 2:1-4. What does the passage mean to you?

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- Read 1 Corinthians 12:3 and Romans 8:26. What do these passages have in common?

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Please respond to the following:

1. There are three symbols and manifestations of the Holy Spirit. What do they teach us about him? (Segment 1)

- As Water: \_\_\_\_\_



- As Fire: \_\_\_\_\_



- As Wind: \_\_\_\_\_



2. How does the Holy Spirit act as our "map"? What are some ways we can "access" that map? (Segment 2)

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The Holy Spirit is revealed in Scripture: Prayer can be a struggle with all the distractions and temptations in life. Prayer is necessary to keep us in relationship with God. Reflect on your prayer life:

- How often do you pray? How important is prayer to you?

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- Was there ever a time when you found it difficult to pray? What, if anything, did you do about it?

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- Are you willing to make a commitment to deepening your prayer life? When will you pray? For how long? What will you pray? Set a challenging, but realistic goal!

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It is important to become familiar with the Holy Spirit. If you struggle with prayer:

- Remind yourself that you cannot do it alone—you need the Holy Spirit!
- Call on the Holy Spirit for help in your prayer by simply saying, "Come Holy Spirit."
- Make it your tradition to ask the Holy Spirit to come and be with you!

Read John 14:25-31 and John 16:12-15.

What do you think it meant for the writer of the scripture?

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What meaning can it have for us today?

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